



# Adams County

## WIC Facts: FFY 2004

### Infants Born Served by WIC

County..... 84.0%  
Statewide..... 48.6%

### Women, Infants and Children Served

**Total: 3,281**

Infants and children under 5..... 2,332  
Pregnant, breastfeeding and postpartum women..... 949

### WIC Food Dollar Contribution to Local Economy

WIC Program Food Dollars  
\$1,255,826  
WIC Farmers Market Nutrition Program Food Dollars  
\$15,092

### WIC Families

Working families..... **77.4%**  
WIC households with at least one working family member

Families living in poverty..... **69.8%**  
Percent of WIC clients with income at or below the federal poverty level (\$1,307 per month for a family of 3)

### WIC Nutrition Education Promotes Healthy Choices

Total nutrition education sessions..... **8,088**

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. And, with the breast pump loan program, helps mothers continue to breastfeed after returning to work or school.
- Helps prevent early childhood caries by screening for early signs of poor oral health, giving parents ideas for healthy snacks and stressing the importance of dental care by age one.

### WIC Attracts Families to Preventive Health Services

WIC referrals..... **14,095**

WIC informs families about health related services and provides them with the information and support needed to access them successfully.



\* Maternity Support Services

# *Adams County*

## **WIC Agencies and Sites**

### **Adams County Public Health**

Lind  
Othello  
Ritzville

### **Columbia Basin Health Association**

Othello

## **WIC Authorized Grocery Stores**

Akins Foods  
Jim's Empire Market  
LepReKon Mart

Ritzville Harvest Foods  
Wal-Mart Supercenter

## **WIC Authorized Farmers Markets**

Othello Farmers Market